

Comparative Seed Manual: COMBRETACEAE

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This seed manual consists of photos and relevant information on plant species housed in the Integrative Subsistence Laboratory at the Anthropology Department, University of California, Santa Barbara. The impetus for the creation of this manual was to enable UCSB graduate students to have access to comparative materials when making in-field identifications. Most of the plant species included in the manual come from New World locales with an emphasis on Eastern North America, California, Mexico, Central America, and the South American Andes.

Published references consulted¹:

1998. Moerman, Daniel E. *Native American ethnobotany*. Vol. 879. Portland, OR: Timber press.

2009. Moerman, Daniel E. *Native American medicinal plants: an ethnobotanical dictionary*. OR: Timber Press.

2010. Moerman, Daniel E. *Native American food plants: an ethnobotanical dictionary*. OR: Timber Press.

Species included herein:

Terminalia catappa

¹ **Disclaimer:** Information on relevant edible and medicinal uses comes from a variety of sources, both published and internet-based; this manual does **NOT** recommend using any plants as food or medicine without first consulting a medical professional.

Terminalia catappa



Family: Combretaceae

Common Names: Singapore almond, Beach almond, Indian almond, Ketapang, Sea almond, Tropical almond tree

Habitat and Growth Habit: The sea almond is found in Southeast Asia, in the South Pacific, and in Singapore. Its habitat includes tropical regions and can be found by sandy and rocky beaches and mangroves.

Human Uses: Some uses of this species include landscaping for shade, as an ornament, culinary use of nuts and edible seeds, edible fruit, tanning leather, creating black dye, timber use, wildlife food, and other landscaping purposes. There are also traditional medicinal uses to relieve abdominal inflammations, relief for diarrhea, and skin rash relief.

Sources Consulted:

<https://www.cabi.org/isc/datasheet/53143>, accessed May 29, 2019.

<https://lknhm.nus.edu.sg/dna/organisms/details/30>, accessed May 29, 2019.

<http://www.wildsingapore.com/wildfacts/plants/coastal/terminalia/catappa.htm>, accessed May 29, 2019.

<https://florafaunaweb.nparks.gov.sg/Special-Pages/plant-detail.aspx?id=3181>, accessed May 29, 2019.

<http://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?kempercode=e758>, accessed May 29, 2019.